CR COLLEGE OF THE REDWOODS

Syllabus for General Psychology

Course Information

Semester: **Fall**   Year: **2023**
Course ID: **Psych 1**   Section #: **E5354**
Instructor's name: **Stephen Quiggle**
Days/times: **M - W / 6:05 p.m. - 8:05 p.m.**
Location: **HU 129**
Course units: 3

Instructor Contact Information

Email address: Stephen-quiggle@redwoods.edu (preferred method of contact)
Phone number: (707) 223-1713
Office hours: By appointment

Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders, and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper-division psychology courses.

Course Student Learning Outcomes

Students will be able to:

1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.
2. Recognize and understand the impact of diversity on psychological research, theory, and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
3. Demonstrate critical thinking skills and information competence as applied to psychological topics.
4. Analyze how experience, culture, learning, and biology affect behavior and cognitive processes.

Educational Accessibility & Support

College of the Redwoods is committed to providing reasonable accommodations for qualified students who could benefit from additional educational support and services. You may qualify if you have a physical, mental, sensory, or intellectual condition which causes you to struggle academically, including but not limited to:

• Mental health conditions such as depression, anxiety, PTSD, bipolar disorder, and ADHD

• Common ailments such as arthritis, asthma, diabetes, autoimmune disorders, and diseases

• Temporary impairments such as a broken bone, recovery from significant surgery, or a pregnancy-related disability

- A learning disability (e.g., dyslexia, reading comprehension), intellectual disability, autism, or acquired brain injury

- Vision, hearing, or mobility challenges

Available services include extended test time, quiet testing environments, tutoring, counseling and advising, alternate formats of materials (e.g. audiobooks, E-texts), assistive technology, on-campus transportation, and more. If you believe you might benefit from disability- or health-related services and accommodations, please contact Disability Services and Programs for Students (DSPS). If you are unsure whether you qualify, please contact DSPS for a

consultation: dsps@redwoods.edu.

- Eureka: 707-476-4280, Student Services Building, 1st floor

- Del Norte: 707-465-2324, Main Building, near the library

- Klamath-Trinity: 707-476-4280

Required Materials

Textbook title: ***Psychology, 2nd revised edition***

Authors: Spielman, R., Jenkins, W. Lovett, M. (2020); ISBN: **13: 978-1-951693-23-7**

Download, view, and access this open education text (for free) here:

https://openstax.org/details/books/psychology

Other course media and resources will be provided.

Class Schedule

Class will begin on Wednesday, September 6th and end on **December 11th**; we will meet every **Monday / Wednesday** unless there is a holiday or as otherwise noted.

Week	Topic	Read/View/Review	Activity / Assessment/ Assignment due
One: 9/6 **The first class meets on Wednesday**	Course overview (including using Canvas) Introduction to Psychology & one another	Chapter 1 Media	Introductions meet your coursemates course overview; review assessments/assignments
Two: 9/13 **There is no class on Monday this week**	Science of Psych and the Research Enterprise	Chapter 2 Media Academic database/writing support	*Review the difference between popular press and research articles* Review WA I

Three: 9/18	Brains, bodies, behavior; Genetics and the CNS	Chapter 3 Media	**Written Assignment I Due Wednesday –** Academic database search >>> Provide citation and abstract
Four: 9/25	Consciousness Sensation and perception	Chapter 4 Chapter 5 Media	
Five: 10/2	Learning - conditioning	Chapters 6 Media	**Written Assignment II Due Wednesday - AB**
Six: 10/9	Intelligence - Creativity	Chapters 7 Media	*Take an I.Q. test… for fun*
Seven: 10/16	Emotions /motivations	Chapter 10 Media	
Eight: 10/23	Memory	Chapter 8 Media	**Midterm –** Chapters 1-8 & 10
Nine: 10/30	Lifespan development	Chapter 9 Media Group presentation planning	
Ten: 11/6	Social Psychology Lifestyle choices Health & Stress	Chapter 12 Chapter 14 Media	**Written Assignment III Due –** Term paper outline + three resources
Eleven: 11/13	personality	Chapter 11 Media	*Engage with the Big 5 personality inventory and share efficacy evaluation*
Twelve: 11/20 *Holiday* all week	Give Thanks	Take the week off	Don't eat too much

Thirteen: 11/27	Defining disorders	Chapter 15	
	Treating disorders	Chapter 16	
		Media	
Fourteen: 12/4	Organization/industry/	Chapter 13	**Term Paper Due**
		Review course material	
		media	
Fifteen: 12/11	**Monday, December 11**	**at 5:30 p.m.**	**Term exam –** chapters 9, 11-16

Assessments & evaluations

Your grade will be determined by your participation in class discussions, writing assignment completion (clear rubrics provided), and quiz/exam scores (there are extra credit opportunities).

Assessment	Point Value
Weekly participation and discussions 10 points each week	130
(discussions may often include written artifacts and group interactions)	
6 Random quizzes	60
A mid-term exam	30
A term exam	30
1 Formative writing assignment – Database research	10
1 Annotated Bibliography (AB)	20
Term paper outline	20
Term paper	40
Two extra credit opportunities at up to 10 points each*	(20)
	Total of 340

*Student must have completed each assessment to be eligible for extra credit.

Grading Scale

A 100% - 90%   B 89% - 80%   C 9% - 70%   D 69% - 60%   F below 60%   NP below 70%

Evaluation & Grading Policy

Every discussion forum, quiz, written assignment, or other assessment is accompanied by a clear grading rubric that states the parameters and standards relative to the assessment type. This course will use a standard 100% grading calculation (e.g. there are no weighted or curved grades). All assessments are due <u>by</u> the recorded and delineated date (though you may complete assessments early). Late work will not receive credit unless arrangements have been made at least three (3) days prior unless there is a legitimate, documented emergency.

We'll talk about Artificial Intelligence applications as related to coursework – students are requested and required to provide/complete their own original work; **Chatgpt <u>is not</u> an application that will be utilized for this course**.

Admissions deadlines & enrollment policies (and holidays)

Fall 2023 Dates

- August 18th: Last day to register for classes (day before the first class meeting)
- August 19th: Classes begin – **our class begins on 9/6**
- August 25th: Last day to add a class
- September 1st: Last day to drop without a "W" and receive a refund
- September 4th: Labor Day Holiday (All Campuses Closed)
- September 5th: Census Date (20% of class)
- October 26th: Last day to petition to graduate
- October 27th: Last day for student initiated withdrawal (62.5% of class)
- October 27th: Last day for faculty initiated withdrawal (62.5% of class)
- November 11th: Veterans Day (All Campuses Closed)
- November 20th-25th: Thanksgiving break (no classes)
- November 22nd-24th: No Classes, all campuses closed
- December 9th-15th: Final Examinations - **Our Final is on Monday, December 11th, at 5:30 p.m.**
- December 15th: Last day to file for P/NP option
- December 15th: Semester Ends
- December 22nd: Grades due
- January 5th: Grades available (I'll have grades completed for our class by 12/17 – email me).

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, the determination of the grade, and the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include but is not limited to unwarranted interruptions; failure to adhere to the instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional

information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable contributing their perspectives to classroom discussions. It, therefore, encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students can have an alternate first names and pronouns appear in Canvas. Contact Admissions & Records to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the Student Information Update Form.

Canvas Information

This course utilizes the Canvas learning management system (LMS) for course enhancement. Familiarize yourself with Canvas before you begin coursework. You should log in to the Canvas course shell the day before class meets to see if there are any updates in "announcements". If you have an inquiry, I will respond within 24 hours during the week (M-F).

Log in to Canvas at https://redwoods.instructure.com
Password is your 8-digit birthdate
For tech help, email its@redwoods.edu or call 707-476-4160
Canvas Help for students: https://www.redwoods.edu/online/Help-Student
Canvas online orientation workshop: https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources

Community College Student Health and Wellness

Resources, tools, and training regarding health, mental health, wellness, basic needs, and more designed for California community college students, faculty, and staff are available on the California Community Colleges Health & Wellness website.

Wellness Central is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Student Support Services

The following online resources are available to support your success as a student:
- CR-Online (Comprehensive information for online students)
- Library Articles & Databases
- Canvas help and tutorials
- Online Student Handbook

The Counseling Department offers assistance to students in need of professional counseling services such as crisis counseling.

The Learning Resource Center (LRC) includes the following resources for students:
- Academic Support Center for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center

- Library Services to promote information literacy and provide organized information resources.
- Multicultural & Diversity Center

Special programs are also available for eligible students to include:

- Extended Opportunity Programs & Services (EOPS) provides financial assistance, support, and encouragement for eligible income-disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in Eureka or Del Norte
- The Veteran's Resource Center supports and facilitates academic success for Active Duty Military, Veterans, and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phone.

Registration is not necessary to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor https://webadvisor.redwoods.edu and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the Redwoods Public Safety Page.

In an emergency that requires an evacuation of the building anywhere in the District:

• Be aware of all marked exits from your area and building
• Once outside, move to the nearest evacuation point outside your building
• Keep streets and walkways clear for emergency vehicles and personnel
Do not leave campus, unless it has been deemed safe by the campus authorities.

Eureka Campus Emergency Procedures

Please review the campus emergency map for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the CR Police Department-Public Safety It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety at (707) 476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown,

assist others if possible, cooperate with First Responders, etc.).

6. If safe to do so, notify key administrators, departments, and personnel.

7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.